

INVERNESS YOUTH LEAGUE

NO SMOKING POLICY



Introduction

Inverness Youth League is committed to providing a safe and healthy environment for all players, coaches, officials and visitors. In line with this we have developed a Smoke-Free policy to reflect our move towards a smoke-free environment.

Rationale

Smoking causes the premature deaths of 13,000 people in Scotland every year. It's the single largest preventable cause of ill health and mortality. 'Second-hand' smoke or passive smoking (sometimes referred to as Environmental Tobacco Smoke or ETS) is a significant health risk to non-smokers. Passive smoking can lead to serious illnesses in adults such as bronchitis, lung cancer, and cardiovascular disease. Children can also develop chest illnesses and asthma from exposure to tobacco smoke.

The move to go smoke-free also compliments the Inverness Youth league's desire to create a healthy family and community friendly environment. Inverness Street League believes that such an environment and image will be advantageous in attracting new members as well as positively promoting the club in the community.

Who is affected by the Policy?

This policy applies to all members, administrators, officials, coaches, players, visitors and volunteers of the Inverness Youth League.

Timing

This policy is effective from 15 June 2013.

Designated Smoke-Free Areas

Inverness Youth League requires the following areas to be smoke-free:

- outdoor spectator viewing areas
- playing areas
- near entries and exists of buildings, facilities and the ground (ten meter radius)
- all indoor areas accordingly to current legislation

Responsibilities

Inverness Youth League recognises that role modelling can have a significant impact upon the young members of the club. Hence, the following individuals and groups are to refrain from using tobacco while they are acting in an official capacity for the club or while in club uniform:

- coaches (when coaching, representing the club or while in club uniform)
- trainers (when training players or while in club uniform)
- officials (when officiating for the club or while in club uniform)
- volunteers (when working for the club or while in club uniform)
- players (when representing the club or while in club uniform).
- Coaches and trainers will also speak to young players about the effects of smoking on performance and health.

Breaches of the Policy

The following steps should be followed if anyone breaches Inverness Youth League's smoke-free policy.

1. Assume that the person is unaware of the smoke-free policy.
2. A staff member or club representative will approach the person breaching the policy and politely ask them to refrain from smoking and remind them or make them aware of the smoke-free policy.
3. If the person continually breaches the policy, they continue, then the most senior staff member or most senior club representative will verbally warn them again and hand over a formally written letter. The offending person must also be made aware that if they don't stop using tobacco then they may be required to leave the club's facility. The letter will outline the Inverness Youth League's policy on tobacco use and state that if the person continues to breach the policy then he/she will be asked to leave. The club's management committee will sign the letter. This letter will be pre-written and kept in the club secretary's office so that copies are readily available.

Policy Review

This policy will be reviewed six months after its introduction and then on an annual basis thereafter. This will ensure that the policy remains current and practical.